



# QUARTERLY NEWSLETTER

JULY 2024



@AE\_\_Foundation



Active Essex Foundation

## HAF

24 providers, 28 provisions with 4600 spaces available across 5 weeks!

Find out more about the Essex ActivAte programme [here](#). For further reporting and information about the positive outcomes from previous holiday programmes then please read our summary from 2023 - 2024.

[Active Essex Foundation | Holiday Programme Report 2023 - 2024](#)



## Sport and Youth Crime Prevention Project

SAVE THE DATE!

Building on the success and momentum of last year's event, we are excited to announce Active Essex Foundation (AEF)'s second Sport and Youth Crime Prevention Conference, bringing together partners from across the criminal justice system, our community and locally trusted organisations. We are getting in touch today to ask you to save the date for our conference on the 18th September at Colchester United Football Stadium, 9am to 3.30pm.

The event will see colleagues from the Criminal Justice Sector, Local authorities and Statutory, Community and Voluntary organisations who have a strategic lead and/or who work across Youth Crime Prevention attend, and lead talks throughout the day. The conference will have a key focus on sharing and learning, increasing partnership working, and push forward the agenda for positive change and raising aspirations. We all know the important role physical activity and sport can play as effective engagement, prevention and intervention tool, and we want to amplify this power.



2023-2024 Listening Project with Essex Violence and Vulnerability Unit and Essex Council for Voluntary Youth Services results have been released here: [23-24 VVU Report \(ecvys.org.uk\)](#)

Get your organisation added to the Essex Youth Map by simply emailing [ecvys.resources@gmail.com](mailto:ecvys.resources@gmail.com)



SAVE THE DATE

## POWER OF SPORT YOUTH CRIME PREVENTION CONFERENCE

- 18th September 2024
- 9:00am-3:30pm
- Colchester United Football Stadium

The Active Essex Foundation are hosting this conference to bring together partners from across the criminal justice system, our community and locally trusted organisations.



[www.activeessexfoundation.org/](http://www.activeessexfoundation.org/)



[admin@activeessexfoundation.org](mailto:admin@activeessexfoundation.org)

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## Thurrock Investment

Active Essex Foundation are delighted to have awarded 6 projects (JTD Arts Ltd, Combat Academy, AQ Basketball, The Future of Sport CIC, Uturnships and Riverview Charitable Trust) a total of £25,389 from the Thamesport Free Tax Levy in running Thurrock based Sports Interventions.

These projects will support young people who are at risk of or involved in exploitation or youth criminality in different areas throughout Thurrock. Thank you to DP World and Thurrock Community Safety Partnership for their support!



## Sport and Youth Mental Health Project

### Project secures £170,000 investment

Earlier this month the Sport and Youth Mental Health project has secured further funding of £170,000 from the Department of Levelling Up from Essex County Council, to contribute to projects taking place in the Mid, South and West areas of Essex. We are excited to share this announcement with you, look out for how you can get involved in the project.



### Believe Perform Training

On Wednesday 19th June, AEF hosted Believe Perform for their first training session with Locally Trusted Organisations currently delivering on the project. The sessions focus was to build strong foundations of emotional wellbeing to develop on skills and readiness to be able to support young people. The day was also an opportunity for the network to come together to engage in rich discussion, knowledge sharing and relationship building.

Next training session by Believe Perform on Resilience and Readiness will be 25th July 9am - 3pm, please register your interest with [sian.cleary@activeessex.org](mailto:sian.cleary@activeessex.org)

### Visits with project officer Sian

This month, our Project officer Siân visited two of our locally trusted organisations. Siân visited JTD Arts who are delivering to year 3s at Greenstead Primary, supporting them using activities and games, with their understanding of emotions to then be able to talk about them with peers. It was great to see the children putting together their own dance routines based on emotions.

Siân also visited Mistley Kids Club. It was fantastic to see the inclusive provision on offer and hear how the project will support the club further to collaborate with Disability 4 Sport to deliver emotional wellbeing support through indoor and outdoor sports and games.



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## Sport and Youth Mental Health 6 month lottery report



Our first 6-month report was submitted to the National Lottery in June, which was a fantastic opportunity to recognise and celebrate the progress that has already been made with the Sport and Youth Mental Health Project, in these early stages of implementation.

Some of the key highlights were building a supportive network for our delivery partners including training provision, socialising the project with multiple health system partners and developing an evaluation outcomes framework with our evaluation partner, Centre for Mental Health.

For more information visit our website, including the project priorities over the next 6 months and future opportunities – [Click Here to read the full 6-month lottery report.](#)

From 13th-19th May Active Essex Foundation and the wider Active Essex team took part in Mental Health Awareness week with this year's focus being MOVEMENT! This included an internal session about how we can support our own mental wellbeing. We also took part in Wear It Green Day to raise awareness. It was great to see a sea of green across our weekly Teams meeting!

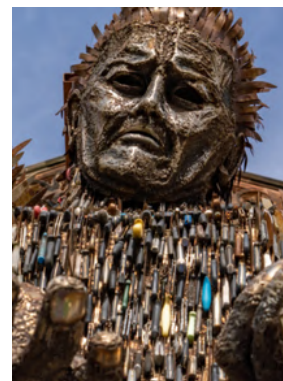


## Knife Angel

The Knife Angel is visiting Southend currently. Active Essex Foundation are working with Southend Community Safety Partnership to promote awareness of its presence. The Knife Angel tours the country and is a reminder of the scourge of knife crime.

The Knife Angel is an incredible 27ft, 3.5 tonne sculpture that uses its sheer size, scale, and distinctive materials to send a message of hope and change. Whilst symbolising a call for change, The Knife Angel also acts as a memorial for victims of knife crime.

The CSP are asking anyone interested in helping over this period with organised activities within their calendar of events finishing on the 28th July, to please get in touch by emailing [knifeangelsouthend@southend.gov.uk](mailto:knifeangelsouthend@southend.gov.uk).



## Essex Community Goals

On Saturday 22nd June, Essex Police hosted the Essex Community Goals Tournament, supported by Active Essex Foundation and partly funded by Active Essex. The tournament is a great event which happens yearly and involves over 20 teams from across Southend, Essex and Thurrock. There were a lot of smiling faces, especially as catering was supplied by Rapid Relief Team Global! The tournament was for young people to enjoy football, and engage with the police in an environment they feel comfortable to break down barriers and build positive relationships. It was all for fun but there was inevitable competition, with Benfleet beating Silks, and TTC Girls beating Inclusion Ventures in the finals of the male and female events respectively. The event was in aid of Fatima's UK Campaign.

# UPCOMING EVENTS, TRAINING AND FUNDING



## **Essex Police Community Engagement Hub – Basildon**

Essex Police Op Grip team are having an opening day for their Community Engagement Hub at Eastgates Shopping Centre, Basildon on Saturday 20th July. Active Essex Foundation have been supporting them with this great initiative. The Hub will be available for members of the public to meet Police in a non- confrontational setting in a place where people visit. They are hoping that sport and youth crime prevention organisations based in Basildon will pop along and drop in to either promote the work they do, run sessions or meet the public. If you are interested in getting involved, please contact Pc Liz Reschwamm – [elizabethreschwamm@essex.police.uk](mailto:elizabethreschwamm@essex.police.uk)



## **Workforce Competencies and Skills for Practitioners Delivering 'SportPlus'**

**When: Thursday 19th September 2024**

**Time: 10am-11:30am**

**Where: Online via Teams**

The role of the practitioner and their relationship with the young person is central to the success of any youth intervention programme.

This webinar builds on academic insight from criminal and youth justice work and family and youth work together with learning from practice captured via research and evaluation programmes carried out by Loughborough University and StreetGames to provide insight about the workforce competencies and skills needed for the effective development of a secondary level Sport-Based Intervention (SBI) (also known as SportPlus).

Attendees will also receive a newly published literature review to accompany this webinar.

To register a place, please click: [Microsoft Virtual Events Powered by Teams](#)



## **Local Community Fund**

Delivered by Essex Youth Service with £5,200 available from each councillor  
Apply by 10th January 2025

The local community fund is an initiative for community groups to engage with their local county Councillors to fund programmes and projects against the three priority areas ; Youth services, levelling up and tackling climate change.

All applications need to be submitted to the Essex County Council Youth Service team and to discuss the applications please contact the following;

MID Essex - Rory Densham Brown - [rory.densham@essex.gov.uk](mailto:rory.densham@essex.gov.uk)

NORTH Essex - Sarah Milford - [sarah.milford@essex.gov.uk](mailto:sarah.milford@essex.gov.uk)

SOUTH Essex - Pippa Meade - [pippa.meade@essex.gov.uk](mailto:pippa.meade@essex.gov.uk)

WEST Essex - Neil Levy - [neil.levy@essex.gov.uk](mailto:neil.levy@essex.gov.uk)



## **Essex Cycle Grant**

Delivered by AE and AEF - average grant £3000 - Applications due by 31st March 2025

This funding will help organisations engage more residents in cycling and this ranges from support in receiving a bike to training and cycling confidence.

To find out more about funding opportunities, [click here](#).